



WAYS TO GET INVOLVED IN DECEMBER

ENTERTAINERS ARE KINDLY PERFORMING AT EVENTS IN GREEN

- TUES 27 (NOV)- CAROL SINGING AND COLLECTION 11AM - 3PM SAINSBURY'S MARCHMONT
- WED 28 (NOV) CAROL SINGING AND COLLECTION 11AM - 3PM SAINSBURY'S QUARTER MILE
- SAT 1, SUN 2 - CHRISTMAS CHARITY FESTIVAL AT INVERLEITH PARK: SPONSORED 5K, 10K RUNS AND WALKS.
- SAT 1 - CAROL SINGING WAVERLEY MALL 12PM - 1:30PM - PROFESSORS OF LOGIC
- TUES 4 - CAROL SINGING WAVERLEY MALL 6PM - 7:30PM
- WEDS 5 - CAROL SINGING AND COLLECTION 11AM - 3PM SAINSBURY'S QUARTER MILE
- THURS 6 - CAROL SINGING WAVERLEY MALL 6PM - 7:30PM E'BURGH REVELATION ROCK GOSPEL CHOIR
- FRI 7 - CAROL SINGING & BAG PACKING AT MORRISON THE GYLE 10AM - 4PM
- SAT 8 - CAROL SINGING WAVERLEY MALL 1PM - 2:30PM - RAVAGED HEARTS
- SUN 9 - CAROL SINGING JOHN LEWIS 12PM - 1PM
- SUN 9 - CAROL SINGING WAVERLEY MALL 1:30PM - 3PM - RAVAGED HEARTS
- TUE 11 - COLLECTION AT SAINSBURY'S SOUTH CLERK STREET 11AM - 4PM
- WED 12 - COLLECTION AT SAINSBURY'S SOUTH CLERK STREET 11AM - 4PM
- THURS 13 - CAROL SINGING AT THE OMNI CENTRE 5:30PM - 7PM
- FRI 14 - CAROL SINGING MULTREES WALK 5PM - 6:30PM
- SAT 15 - BAG PACKING TESCO DALKEITH 10AM - 4PM
- SUN 16 - CAROL SINGING OMNI CENTRE 12PM - 1:30PM - GILMERTON SINGERS
- TUES 18 - CAROL SINGING WAVERLEY MALL 6PM - 7:30PM
- WED 19 - CAROL SINGING MORRISONS FERRY ROAD TIMES TBC
- THURS 20 - CAROL SINGING AT MORRISONS HUNTERS TRYST 12PM - 2PM
- SAT 22 - CAROL SINGING MULTREES WALK 12PM - 1:30PM

IF YOU CAN JOIN US FOR ANY OF THE ABOVE DATES PLEASE CONTACT

EVENTS@HEALTH-IN-MIND.ORG.UK OR CALL 0131 225 8508